

Name: Avital Laufer

Date: February 1, 2022

## CURRICULUM VITA

### Personal Details

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### Higher Education

#### **A. Undergraduate and Graduate Studies**

<b>Period of Study</b>	<b>Name of Institution and Department</b>	<b>Degree</b>	<b>Year of Approval of Degree</b>
1990-1992	Psychology Bar Ilan University	B.A. (Magna cum laude)	1993
1993-1995	Sociology Bar-Ilan University	M.A. (Magna cum laude)	1997
1996-2000	Sociology Bar-Ilan University	Ph.D	2001

#### **B. Post-Doctoral Studies**

<b>Period of Study</b>	<b>Name of Institution, Department and Host</b>	<b>Year of Completion</b>
2002-2003	Tel Aviv University School of Social Work Prof. Zahava Solomon	2003

### Academic Positions and Tenure in Institutes of Higher Education

<b>Dates</b>	<b>Name of Institution and Department</b>	<b>Position</b>
2017-present	Netanya Academic College Behavioral Science	Senior Lecturer
2009-2017	Netanya Academic College Behavioral Science	On leave

2007-2008	Netanya Academic College Behavioral Science	Senior Lecturer
2001-2006	Ariel University Social Science	Full time Lecturer
2001-2003	Tel Aviv University Social work Supervisor: Prof. Zehava Solomon	Post Doctoral Research
2000-2001	Bar-Ilan University Sociology	Part-Time Lecturer

### **Offices in Academic Administration**

<b>Dates</b>	<b>Name of Institution and Department</b>	<b>Position</b>
2017-2020	Netanya Academic College Behavioral Science	Dean

### **Participation in Scholarly Conferences Abroad**

<b>Date</b>	<b>Name of Conference</b>	<b>Place of Conference</b>	<b>Subject of Lecture/Discussion</b>	<b>Role</b>
14-16 August 2002	Seminario Internacional Violencia e Crianca- A Escola Saudavel	University de Sao Paulo. Brazil	Relationships between school perceptions and pupils' involvement in bullying, physical fights and weapon carrying.	<b>Invited key presentation</b>
12-15 July 2003	International Conference on Social Science	Hawaii University USA	Adolescence violence as a function of attitude toward school	Oral presentation
7-11 July 2004	36 <sup>th</sup> World Congress International Institute of Sociology: Social Changes in the Age of Globalization	Beijing Institute of Sociology, CASS China	School dimensions that predict involvement in youth violence- Comparison between different sub- populations	Oral presentation
7-11 July 2004	36 <sup>th</sup> World Congress International Institute of Sociology: Social Changes in the Age of Globalization	Beijing Institute of Sociology, CASS China	Effects of terror incidents on Israeli adolescents: Pathogenic and salutogenic aspects	Oral presentation
15-17 June 2005	Pathways to Resilience: An International Conference	University of King's College, Halifax,	Cultural commitment and social support as mediating the noxious effects of	Oral presentation

		Nova Scotia, Canada.	terror incidents on adolescent self and world assumptions	
26-30 June 2008	The 38 <sup>th</sup> World Congress of the International Institute of Sociology	Budapest, Hungary	The psychological effects of terror on youth	Oral presentation
21-14 October 2009	Visions and Challenges for a Women Friendly City 2nd Metropolis Women International Network Forum	Seoul, South Korea	Israeli women representation in local municipalities	Oral presentation
14-17 January 2011	First International Conference of the South Asian Society of Criminology and Victimology (SASCV),	Jaipur, Rajasthan, India	Ideological delinquency, alienation from the state and emotional distress among adolescent girls	Oral presentation
28-31 January 2018	The IACEP XVI Biennial International Conference	Guadalajara Mexico	World assumptions among Israeli youth exposed to terror: The role of traumatic events vs. social and cognitive aspects	Oral presentation
27-30 June 2018	9 <sup>th</sup> European Conference on Positive Psychology	Budapest Hungary	Is there a difference between resilience and posttraumatic growth	Oral presentation
7-8 July 2021	42 <sup>nd</sup> STAR international conference	Virtual Conference	Parents' perceptions of children's behavioral difficulties and the parent-child interaction during the COVID-19 lockdown	Oral presentation

### **Participation in Scholarly Conferences in Israel**

<b>Date</b>	<b>Name of Conference</b>	<b>Place of Conference</b>	<b>Subject of Lecture/Discussion</b>
February 2002	Israeli Sociological Society	Haifa University, Israel	Is the connection between violence and drug use among youth part of a cluster or a unique association?

June 23-27, 2002	The Fourth International Conference on Teacher Education	Achva College of Education, Israel	Differences in school variables that are connected to youth violence: Comparison between boys and girls and between Jewish and Arab pupils
June 2003	13 <sup>TH</sup> Judea and Samaria Research Studies	Ariel University, Israel	PTSD among Israeli youth exposed to terror
June 2005	15 <sup>th</sup> Judea and Samaria Research Studies	Ariel University, Israel	Political ideology under pressure
June 2006	16 <sup>th</sup> Judea and Samaria Research Studies	Ariel University, Israel	The influence of disengagement on youth in the Shomron region (Samaria)
February 2007	The 38th Conference of Israeli Sociological Society	Haifa University, Israel	Social and emotional implications for teenagers who participated in anti-disengagement activities
May 2007	Adler Center: Studies on the Child Welfare	Tel-Aviv University, Israel	The association between religiosity, ideology and social support and between distress and positive growth among Israeli youth exposed to terror
June 2007	17 <sup>th</sup> Judea and Samaria Research Studies	Ariel University, Israel	The ideological role and youth coping with political stressors: Distress among youth from Shomron region (Samaria) during the disengagement process and in time of terror attacks
May 2017	International Conference on Trauma and Mental Health	Jerusalem, Israel	Resilience and posttraumatic growth

### Organization of Conferences or Sessions

<b>Date</b>	<b>Name of Conference</b>	<b>Place of Conference</b>	<b>Subject of Conference/ Role at Conference/ Comments</b>	<b>Role</b>
February 2005	The 36th Conference of Israeli Sociological Society	Bet-Berl College, Israel	Society under terror	Chair of session
June 2005	Pathways to Resilience: An International Conference	Dalhousie University Halifax, Nova Scotia, Canada.	Child soldiers and civil war	Chair of session
February 2007	The 38th Conference of Israeli Sociological Society	Haifa University, Israel	The effects of the Disengagement Plan on the Israeli Society	Chair of session

June 9, 2021	"Dagan" conference for strategy and security	Netanya Academic College	Education post COVID-19	Chair of session
17-18 June 2021	ESTSS 2021 Trauma and Mental Health during the "Global Pandemic"	Virtual Conference	Israelis' mental health during the COVID-19 pandemic: Global and local aspects	Chair of the session
7-8 July 2021	42 <sup>nd</sup> STAR international conference	Virtual Conference	Stress and trauma during childhood	Chair of the session

### Invited Lectures/Colloquium Talks

Date	Place of Lecture	Name of Forum	Presentation/Comments
May 19 2003	Tel-Aviv University	Adler Center for the Welfare of the Child	The role of political ideology, religiosity and social support among Israeli youth exposed to terror
October 2007 ,19	Kazakh State Medical University named after Asfendiarov. Almaty, Kazakhstan	Post-graduate students and professional staff	Posttraumatic symptoms after exposure to terror events
September 10, 2009	IDF	Officers and their wives	From trauma to growth
September 15, 2009	IDC Herzelia Israel	The psycho-social effects of terror	Israelis and Palestinians in the shadow of terror: PTSD, resilience and growth

### Research Grants

Role in Research	Co-Researchers	Topic	Funded by/ Amount	Year	Publications - numbered in the list of journal referred publications

Co-pi	Scheory-Bitton	The effect of resistance to evacuation of settlements on youth from Judea and Samaria	Research and Development Center, Samaria & Jordan Rift 30,000 NIS 1 year	2005	10,14, 26
Pi	Scheory-Bitton	Political ideological obligation, belief in law and distress among right wing adolescents from Judea and Samaria	Research and Development Center, Samaria & Jordan Rift 30,000NIS 1 year	2007	13, 16, 11, 21, 25
Co-Pi	Scheory-Bitton	The effects of security-related stress on children and mothers – An examination of the distress levels with reference to temporary respite, and the involvement of governmental institutions	National Insurance Institute of Israel 80,000 NIS 1 year	2009	29, 30
Co-Pi	Michal Finkelstein and Shira Pagorek Eshel	Psychological Stress and Individual and Family Resilience in Adolescents and their Parents in the Otef Aza Region Exposed to Security Threat	Estates Fund, Israeli Ministry of Welfare 10,000 NIS 1 year	2014	

### **Scholarships, Awards and Prizes**

March 2007	Inbar Fund Prize for Scientific Study on Terror
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### **Miscellaneous**

From November 2009 until October 2017 I was elected as the Vice Mayor of Netanya and in charge of the education system for the city. The education system in Netanya includes 399 kindergartens, 57 elementary schools and 24 high schools. I worked full-time in the municipality and took a leave from my academic activities.

## PUBLICATIONS

### A. Published Articles

1. Laufer, A. (2003) Psychological growth in the aftermath of terrorist acts. *Palestinian Israeli Journal of Politics, Economics and Culture*, 10(4), 30-36.
2. Laufer, A., & Harel, Y. (2003). The role of family, peers and school perception in predicting involvement in youth violence. *International Journal of Adolescent Medicine and Health*, 15(3), 235-246.
3. Laufer, A., & Harel, Y. (2003). Correlations between school perception and pupil involvement in bullying, physical fights and weapon carrying. *Megamot*, 42(3), 437-459. [Hebrew].
4. Solomon, Z., & Laufer, A. (2004). In the shadow of terror: changes in world assumptions in Israeli youth. *Journal of Aggression, Maltreatment, and Trauma*, 9, 353-364. (as well as a chapter in an edited book n.2)
5. Laufer, A & Solomon, Z. (2006). Posttraumatic Symptoms and Posttraumatic Growth among Israeli Youth Exposed to Terror Incidents. *Journal of Social and Clinical Psychology*, 25(4), 429-447. doi:10.1521/jscp.2006.25.4.429
6. Laufer, A., Harel, Y. & Mulcho, M. (2006). Daring, substance use and involvement in violence among school children: Exploring a path model. *Journal of School Violence*, 5, 71-88.
7. Laufer, A., & Solomon, Z. (2006). Do Israeli male and female adolescents cope differently with terror attacks? *Society and Welfare*, 26(4), 479-501.[Hebrew].
8. Laufer, A., & Solomon, Z. (2006). Responses of Israeli youth to terror: Posttraumatic symptoms and indicators of psychological growth. *Megamot*, 44(3), 407-423. [Hebrew].
9. Laufer, A. (2006). Relationships between exposure to terror and ideological commitment among adolescents politically inclined toward the right, center and left. *Judea and Samaria Research*, 15, 281-298. [Hebrew].
- 10\*. Laufer, A., & Shechory, M. (2007). Youth involvement in the resistance to the disengagement plan: Assessment of legal and illegal activities. *Judea and Samaria*, 16, 363-376. [Hebrew].
- 11\*. Hamama-Raz, Y., Solomon, Z., Cohen, A., & Laufer, A. (2008). PTSD symptoms, Forgiveness and Revenge among Israeli-Palestinian and Jewish Adolescents. *Journal of Traumatic Stress*, 21, 521-529. (Equal contribution).
- 12\* Levine, S. Z., Laufer, A., Hamama-Raz, Y., Stein. A., & Solomon, Z. (2008). Posttraumatic Growth in Adolescence: Examining its Components and Relationship with PTSD. *Journal of Traumatic Stress*, 21, 492-496.
- 13\*. Shechory, M., & Laufer, A. (2008). Levels of distress and belief in authorities law in light of geopolitical changes among youth living. *Judea & Samaria Research Studies*, 17, 239-252. [Hebrew].

- 14\*. Shechory, M., & Laufer, A. (2008). Social Control Theory and the Connection with Ideological Offenders among Israeli Youth During the Gaza Disengagement Period. *International Journal of Offender Therapy and Comparative Criminology*, 52, 454-473.
- 15.\* Laufer, A. (2009). Posttraumatic growth: A positive illusion or a new way to understand how people cope with trauma. *Society and Welfare*, 29(1), 63-84 [Hebrew]
- 16\*. Laufer, A., Shechory, M., & Solomon, Z. (2009). The association between right-wing political ideology and youth distress. *Child and Adolescent Social Work Journal*, 26, 1-13.
- 17\*. Laufer, A., & Shechory, M. (2009). Emotional distress and ideological segregation two years after the disengagement plan among youth who were evacuated or who resisted the evacuation. *Society and Welfare*, 29(4), 431-453. [Hebrew].
- 18 Laufer, A., & Solomon, Z. (2009). Gender differences in PTSD in Israeli youth exposed to terror attacks. *Journal of Interpersonal Violence*.24, 959-976. <http://dx.doi.org/10.1177/0886260508319367>
- 19\* Laufer, A., Hamama-Raz, Y., Levine, S., & Solomon, Z. (2009). Posttraumatic growth in adolescence: The role of religiosity, distress and forgiveness. *Journal of social and clinical psychology*, 28(7), 862-880.
- 20\*. Levine, S.Z., Laufer, A., Stein, E., Hamama-Raz, Y., & Solomon, Z. (2009). Examining the relationship between resilience and posttraumatic growth, *Journal of Traumatic Stress*, 22, 282-286.
- 21\*. Laufer, A., & Shechory, M. (2010). Distress levels among teenagers who participated in anti-disengagement activities. *Megamot*, 46, 552-574. [Hebrew]
- 22\*. Harel-Fisch, Y., Radwan, Q., Walsh, S.D., Laufer, A., Amitai, G., Fogel-Grinvald, H., & Ziad, A. (2010). Psychosocial outcomes related to subjective threat from armed conflict events (STACE): Findings from the Israeli-Palestinian cross-cultural HBSC study. *Child Abuse and Neglect*, 34, 623-638.
- 23\*. Laufer, A., Solomon, Z., & Levine, S. Z. (2010) Elaboration on Posttraumatic Growth in Youth Exposed to Terror: The Role of Religiosity and Political Ideology. *Social Psychiatry and Psychiatric Epidemiology*, 45(6) 647-653.
- 24\*. Laufer, A. & Solomon, Z. (2010) Political Ideology and Psychological Symptoms following Terror. *Youth and Society*, 41(3), 414-433.
- 25\*. Shechory, M., & A. Laufer. (2011). Ideological delinquency: Gender differences among Israeli youth during the withdrawal from the Gaza Strip. *International Journal of Offender Therapy and Comparative Criminology*, 55(2), 326-343. (Equal contribution).
- 26\*. Shechory, M., & Laufer, A. (2011). Resistance among evacuated youth: Involvement in illegal activity and connection to the rule of law and to attitudes toward the State, the Yesha Council and the Rabbis. *Israeli Criminology*, 1, 7-27. [Hebrew]

- 27\*. Laufer, A., & Solomon, Z. (2011). The role of religious orientations in youth's posttraumatic symptoms after exposure to terror. *Journal of Religion and Health, 50*, 687-699 doi: 10.1007/s10943-009-9270-x
- 28\*. Fienklestein, M., Laufer, A., & Solomon, Z. (2012). Coping strategies of Ethiopian immigrants in Israel: Association with PTSD and distress. *Scandinavian Journal of Psychology, 53*, 490-498. (Equal contribution)
- 29\*. Shechory Bitton, M., & Laufer, A. (2015). Evacuation following missile attacks, distress and behavioral problems among children in southern Israeli communities. *Society and Welfare, 35*(2), 203-230 [Hebrew].
- 30\*. Shechory Bitton, M., & Laufer, A. (2017). PTSD and PTG among Israeli mothers: Opposite facets of exposure to terrorism. *Stress and Health, 33*, 676-683.
- 31\* Shechory Bitton, M., & Laufer, A. (2018). Children's emotional and behavioral problems in the shadow of terrorism: The case of Israel. *Children and Youth Services Review, 86*, 302-307. doi:10.1016/j.childyouth.2018.01.042
- 32\* Lahav, Y., Price, N., Crompton, L., Laufer, A., & Solomon, Z. (2019). Sexual satisfaction in spouses of ex-POWs: The role of PTSD symptoms and self-differentiation. *Journal of Sex & Marital Therapy, 45*:8. 755-766. doi: 10.1080/0092623X.2019.1594478
- 33\* Laufer, A., Levin, Y., Gelkopf, M., Crompton, L., & Solmon, Z., (2019). Sex differences in continuous missile exposure and symptomatology. *Israel Journal of Psychiatry, 56* (3), 19- 26.
- 34\* Laufer, A., & Shechory Bitton, M. (2020). Are security tensions associated with parental assessment of current and past child behavior? *Journal of Child and Family Studies, 29*, 1582–1588. doi: 10.1007/s10826-019-01677-1
- 35\* Finklestein, M., Pagorek-Eshel, S., & Laufer, A. (2020). Adolescents' individual-resilience and its association with security threats, anxiety and family resilience. *Journal of Family Studies*. doi:10.1080/13229400.2020.1778504
- 36\* Shechory Bitton, M., & Laufer, A. (2020). Mental health and coping in the shadow of the COVID-19 pandemic: The Israeli case. *Frontiers in Psychology, 8*, 568016. doi:10.3389/fpubh.2020.568016
37. \* Kaidesh, N., Ben-Shlomo, I., Laufer, A., Finklestein, M. (2021). Stress Factors and Mental Health among Israeli Medical Students in Six- and Four-Year Programs. *Israel Journal of Psychiatry*.
- 38\* Shechory Bitton, M., & Laufer, A. (2021) Fear of the unknown: Does fear of terrorism differ from the fear of contracting COVID-19? *Frontiers in Psychology, 12*: 660777. <https://doi.org/10.3389/fpsyg.2021.660777>
- 39\* Laufer, A., & Shechory-Bitton, M. (2021). Gender differences in the reaction to COVID-19. *Women & health, 61*(8), 800–810. <https://doi.org/10.1080/03630242.2021.1970083>

- 40\* Finkelstein, M., & Laufer, A. (2021). Resilience, growth, and posttraumatic symptoms among social workers who are "double exposed". *Social Work Research*. <https://doi.org/10.1093/swr/svab016>
- 41\* Laufer, A., & Shechory-Bitton, M. (2021). Parents' perceptions of children's behavioral difficulties and the parent-child interaction during the COVID-19 lockdown. *Journal of Family Issues*. <https://doi.org/10.1177/0192513X211054460>
- 42\* Laufer, A., & Izman, E. (2022). Posttraumatic growth (PTG) among parents of children with special needs. *Journal of Loss and Trauma*, 27:1, 18-34. doi: 10.1080/15325024.2021.1878336
- 43\* Laufer, A., Böttche, M., Walg, M., Khatib, A., Maoz-Dotan, C., Hassan, H., & Finkelstein, M. (2022). Salutogenic and pathogenic factors among young adult refugees in Germany: An exploratory study. *Journal of Refugee Studies*. feab110, <https://doi.org/10.1093/jrs/feab110>
- 44\* Khatib, A., Laufer, A., & Finkelstein, M. (accepted). Family resilience, social support, and family coherence among Jewish, Muslim, and Druze widows who lost their spouses to sudden death. *Death Studies*.

## **B. Articles or Chapters in Scientific Books**

1. Solomon, Z., Laufer, A., & Lavi, T. (2005). Childhood in the shadow of Intifada: Exposure and posttraumatic reaction of Israeli youth. In E. Somer and A. Bleich (Eds.), *Early interventions after disasters and terrorism: The Israeli experience* (pp 77-110). Tel-Aviv: Ramot, Tel-Aviv University. [Hebrew].
2. Solomon, Z. & Laufer, A. (2005). Israeli youth cope with terror: Vulnerability and resilience. In M. Ungar (Ed). *Handbook for Working with Children and Youth. Pathways to Resilience* (pp. 229-246). California: Sage Publication.
- 3\* Laufer, A. & Shechori, M. (2008). Chapter 11: Alienation and emotional distress among relocated youth following the Gaza Disengagement. In N. Ronel, K. Jaishankar and M. Bensimon (Eds.), *Trends and Issues In Victimology* (pp. 212-231). Cambridge, UK: Cambridge Scholars Publishing.
- 4.\*. Laufer A., & Solomon, Z. (2010). Chapter 2. Posttraumatic growth in Israeli Jews. In T. Weiss and R. Berger (Eds.), *Posttraumatic Growth and Culturally Competent Practice* (pp.15-31). New Jersey: John Wiley & Sons.
- 5\*. Laufer. A. & Shechory-Bitton, M. (2013). Forced displacement and its implications on youth's distress and posttraumatic growth. In K. Jaishankar & N. Ronel (Eds.), *Global Criminology* (pp. 253-268). London: CRS Press (Tylor & Francis Group).

## **C. Articles in Conference Proceedings**

1. Laufer, A. (2005). Changes in the self and world assumptions among youth exposed to terror incidents. *A Handbook for working with children and youth: Pathways to resilience across cultures and contexts*. Nova Scotia: Dalhousie University, Halifax.

2. Shechory- Bitton, M., & Laufer, A. (2011). Ideological delinquency, alienation from the State and emotional distress among adolescent girls. *First International Conference of the South Asian Society of Criminology and Victimology (SASCV), Jaipur, Rajasthan, India: SASCV 2011 Conference Proceedings*

#### **D. Other Publications**

- 1.\* Shechory, M., & Laufer, A. (2008). Participation of Jewish youth in Samaria and Judea in illegal activities against the dismantling of settlements. *Mifne, Forum for Social Issues*, 43-47. [Hebrew]
- 2.\* Shechory, M., & Laufer, A. (2011). *The effects of security-related stress on children and mothers – an examination of the distress levels with reference to temporary respite, and the involvement of governmental and non-governmental institutions.* National Insurance Institute of Israel. [Hebrew].
- 3\* Laufer, A. (2019). Rising from the ashes. *Shem Olam*, 23, 8-17. [Hebrew].